

Ramneek S. Bhogal, BS, DC, DABCI

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EDUCATION

Diplomate American Board of Disease & Diagnosis	March 2011 National University of Health Sciences Lombard, IL
Diplomate American Board of Clinical Nutrition (Board Eligible)	March 2012 National University of Health Sciences Lombard, IL
Doctor of Chiropractic	March 2002 Palmer College of Chiropractic, Davenport, IA.
Bachelor of Science Biological Sciences	May 1998 University of Nebraska-Lincoln Lincoln, NE

PROFESSIONAL EXPERIENCE

August 2021 – Present	Life University – College of Chiropractic, Marietta, GA Associate Dean of Academics Professor
July 2017 – Oct 2019	Life Chiropractic College West, Hayward, CA Department Chair of Technique Professor
July 2002 – July 2017	Palmer College of Chiropractic, Davenport, IA. Technique Department Associate Professor
March 2002 – Present	Peak Potential Chiropractic & Holistic Health Private Family Practice Chiropractic & Wellness/Holistic Care
October 2020 – Present	Natural Medicine Journal Editorial Board Member Santa Fe, NM
March 2011 – Present	Peak Potential Outreach 501(c)3 Board of Directors - Chair International Non-Profit Health Service Organization www.peakpotentialoutreach.org
December 2014 – Present	Peak Potential Seminars, Woodstock, GA Postgraduate and Professional Continuing Education Biomechanics / Technique / Holistic Health / Wellness Director & Lead Instructor
April 2015 – Present	Da Vinci Laboratories of Vermont Nutraceutical Product Development Scientific Advisory Board
July 2002 – July 2003	Palmer College of Chiropractic, Davenport, IA. Adjunct Faculty: Technique and Biomechanics Technique Department

August 2002 – July 2003	Eastern Iowa Community College District, Bettendorf, IA. Scott Community College - Adjunct Faculty
March 1999 – June 2001	Palmer College of Chiropractic, Davenport, IA Life Sciences Department Microbiology Graduate Teaching Assistant
May 1998 – October 1998	University of Nebraska-Lincoln, Lincoln, NE Institute of Agriculture and Natural Resources Entomology & Crop Science Department Research Assistant
May 1997 – July 1997	University of Alaska, Kodiak, AK Fisheries and Industries Technology Center Research Assistant
January 1996 – May 1998	University of Nebraska-Lincoln, Lincoln, NE Department of Biological Sciences Teaching Assistant Human Physiology (Bio 213)

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS

Nov 2014 – Present	International Chiropractic Association
July 2013 – Present	Shriner's Children's Hospital Referral Practitioner
January 2011 – Present	Institute of Functional Medicine
June 2009 – Present	Council of Disease and Internal Disorders
March 2004 – 2017	Alliance of Chiropractic Educators, Davenport, IA

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS (continued)

March 2002 – 2016	Iowa Chiropractic Society, Ankeny, IA
April 2014 – 2015	American Public Health Association
May 2001 – June 2003	Sigma Xi Research Society, Moline, IL

PROFESSIONAL LEARNING & ADVANCEMENT

July 2015 – Present	College of Integrative Medicine	Examiner / Examination Board
Oct 2013 – Present	ICA – Diplomate Instructor	Pediatrics (DICCP) & Upper Cervical (DCCJP)
March 2012 – 2019	AFL / CIO	Level 1 Union Steward Trained
March 2019	Pena Global Leadership	Communication & Conflict Resolution Training

March 2011	Functional Medicine	Institute of Functional Medicine – AFMCP Certified
March 2011	DABCI	NUHS / ACA / CDID
December 2009	DABCN	NUHS / ACA (Board Eligible)
October 2006	Activator Methods	AMCT Proficiency Rated Instructor
December 2005	Sense Technology (PulStar)	Sense Technology
September 2005	ProAdjuster / ProSolutions	Logan College of Chiropractic
December 2004	Sacro-Occipital Technique	SORSI

PROFESSIONAL LICENSURE AND CERTIFICATION

July 2019 – Present	Michigan Chiropractic License	State Board of Michigan
March 2018 – Present	California Chiropractic License	California Board of Chiropractic Examiners
March 2002 - Present	Iowa Chiropractic License	Iowa Department of Public Health, Des Moines, IA
July 2019 – July 2020	Kansas Chiropractic License	Kansas State Board of Healing Arts
March 2011	Functional Med AFMCP	Institute of Functional Medicine
October 2008	Family Practice Certification	National University of Health Sciences / ACA
May 2008	DOT Physical Certification	National University of Health Sciences / ACA

RESEARCH ACTIVITY AND PUBLICATIONS

Bhogal RS, Bhogal SO	Sacro Occipital Technique and Lumbosacral Presentations in Pregnancy. Journal of Clinical Chiropractic Pediatrics. Fall 2022
Bhogal RS, Bhogal SO	Pediatric Toggle Recoil. Anrig, Claudia. Plaughter, Gregory. Pediatric Chiropractic. Kluwer Wolters, 2023. 3 rd Edition.
Bhogal, RS	Probiotics and Their Immunological Impact on Liver Cirrhosis. Findings from a double blind, randomized, placebo-controlled trial. Natural Medicine Journal Abstracts and Reviews May 2021, Vol 13 Issue 51
Bhogal RS, Bhogal SO	Physiology of the Gut-Brain Axis, pediatric presentations, and chiropractic and other holistic interventions. Journal of Clinical Chiropractic Pediatrics Proceedings of the Annual Pediatrics Conference, Montreal, Quebec. October 2013.

- Devocht J, Owens E, Gudavalli R
Bhogal R, Strazewski J, Xia T Characterization of Force/Time Profiles of Toggle Recoil Practice Thrusts on a Speeder Board. Journal of Manipulative and Physiologic Therapeutics. 2013 Jul-Aug ;36(6):342-8. doi: 10.1016/j.jmpt.2013.05.027.
- Quackenbush K, Bhogal, RS Testing for Diagnosis and Wellness Solutions Natural Practitioner. March 2013
- Devocht J, Owens E, Gudavalli R
Bhogal R, Strazewski J Characterization of Force/Time Profiles of Toggle Recoil Practice Thrusts on a Speeder Board. (Platform Presentation) The Journal of Chiropractic Education, Vol. 22, No. 1, 2008
- Strazewski JW, Bhogal RS Professional Attire for Preclinical Students: A Good Idea or a Wasted Effort? The Journal of Chiropractic Education. Vol. 21, No. 1, 2007.
- Hunt TE, Higley LG, Haile FJ Imported longhorned weevil (Coleoptera: Curculionidae) injury to soybean: physiological response and injury guild-level economic injury levels. Journal of Economic Entomology. Aug; 96(4): 1168-73. 2003. (Acknowledgement for technical assistance)
- Pikitch E, Erickson D, Bublitz C Mortality of Walleye Pollock Escaping from the Codend and Intermediate (= Extension) Section of a Pelagic Trawl 2002 ICES Annual Science Conference (Acknowledgement for technical assistance)

PROFESSIONAL CONFERENCE / SYMPOSIA PRESENTATIONS

- Aug 2022 (1.5 CE) Bhogal, RS. Introduction to Toggle Recoil Technique. Chiropractic Doctors Association of Hong Kong.
- May-Oct 2022 (8 CE) Bhogal, RS. 4th Trimester Technique. Peak Potential Seminars. Roanoke, VA, Pittsburgh, PA, Milwaukee, WI, and Nashville, TN.
- April 2022 (8 CE) Bhogal, RS. Functional Immunity; Evaluation of Routine Lab Work and Tick-Borne Illness. Milwaukee, WI.
- April 2022 (1.5 CE) Bhogal, RS. SOT & Lumbopelvic Presentations. Chiropractic Doctors Association of Hong Kong.
- March 2022 (5 CE) Bhogal, RS. Headaches and Warning Signs for Chiropractors. Nebraska Chiropractic Physicians Association. Annual Convention. Omaha, NE.
- Dec 2021 (3 CE) Bhogal, RS. Toggle Recoil for the Pediatric Patient. Georgia Council of Chiropractic Annual Conference. Marietta, GA.
- Dec 2021 (1 CE) Bhogal, RS. Vertigo Signs & Symptoms. Tennessee Chiropractic Association. Webinar
- Nov 2021 (1 CE) Bhogal, RS. Differentiation of Headaches. Tennessee Chiropractic Association. Webinar.

- Nov 2021 (3 CE) Bhogal, RS. SOT & The Pregnant Pelvis. ICA Annual Pediatrics Conference. Orlando, FL
- Oct 2021 (12 CE) Bhogal, RS. Pediatric Toggle Recoil. The Adjusters Series – Claudia Anrig. Chicago, IL
- Mar-Oct 2021 (8 CE) Bhogal, RS. Pre-conception & Fertility Endocrinology. Peak Potential Seminars. Boston, MA. Pittsburgh PA, Madison, WI, Council Bluffs, IA, Columbia, MO.
- Feb 2021 (8 CE) Bhogal, RS. Functional Endocrinology; Clinical Considerations and Management Strategies of the HPA Axis. Milwaukee, WI.
- Jan 2021 (1 CE) Bhogal, RS. Stress Effects on Immunity. Natural Medicine Journal. Santa Fe, NM.
- Oct 2020 (4 CE) Bhogal, RS. Differential Diagnosis of Vertigo & Headaches. Peak Potential Seminars. Denver, CO.
- Jan-Oct 2020 (8 CE) Bhogal, RS. Immune System and Pediatric Development. Peak Potential Seminars. Roanoke, VA. Rockford, IL. Madison, WI. Omaha, NE. Detroit, MI. Indianapolis, IN. Grand Rapids, MI.
- Dec 2019 (2 CE) Bhogal, RS. Nutritional Considerations for Immune Function. ICA Annual Pediatrics Conference. Nashville, TN.
- Nov 2019 Bhogal RS. Pediatric Modifications of Life West Chiropractic Techniques. Peak Potential Seminars. Livermore, CA.
- Nov 2019 Bhogal RS. Pediatric Analysis and Technique. Peak Potential Seminars. Bettendorf Community Center. Bettendorf, IA.
- Nov 2019 Bhogal RS. Stress and Functional Endocrinology. Peak Potential Seminars. Livermore Public Library. Livermore, CA.
- Oct 2019 Bhogal RS. Cervical Clinical Technique Review for Students. Peak Potential Seminars. Pleasanton Community Center. Pleasanton, CA.
- Oct 2019 (2 CE) Bhogal RS. Understanding Epigenetics. Blair Chiropractic Society Annual Conference. San Francisco, CA.
- Sep 2019 (15 CE) Bhogal RS. Cervical and Upper Cervical Technique Review. Swiss Academy of Chiropractors. Bienne, Switzerland.
- Sep 2019 Bhogal RS. Integrating the Philosophy, Science, and Art. Student ICA. Davenport, IA
- June 2019 (2 CE) Bhogal, RS. Epigenetics and Neuroplasticity. ICA Annual Upper Cervical Conference. Denver, CO.
- May 2019 (6 CE) Bhogal, RS. Pediatric Toggle Recoil / G-Force Summit. Anrig Generations Program. Chicago, IL.
- April 2019 (2 CE) Bhogal, RS. Assessment of lower extremity injuries in the school age athlete. Academy of Missouri Chiropractors. Columbia, MO.
- April 2019 (2 CE) Bhogal, RS. Epigenetics and the role of wellness in healthy aging. Academy of Missouri Chiropractors. Columbia, MO.
- April 2019 (2 CE) Bhogal, RS. Food choices and the effect on immunity. Academy of Missouri Chiropractors. Columbia, MO.

Dec 2018 (3 CE)	Bhogal, RS. <u>The Power of Static Palpation for Infants and Toddlers.</u> ICA Annual Pediatrics Conference. Palm Springs, CA.
Dec 2018 (1 CE)	Bhogal, RS. <u>Stress in a child's development.</u> ICA Annual Pediatrics Conference. Palm Springs, CA.
Oct 2018 (12 CE)	Bhogal, RS. <u>Research Paper Presentations.</u> ICA Pediatrics Diplomate Program (DICCP). Davenport, IA.
Sep 2018 (1 CE)	Bhogal, RS. <u>Managing complex pediatric cases in chiropractic practice.</u> ICA Pediatric Building Bridges Symposium. Barcelona, Spain.
Sep 2018 (1 CE)	Bhogal, RS. <u>Gut-Skin connection: Skin auto-immunity, journey from childhood to young adult.</u> ICA Pediatric Building Bridges Symposium. Barcelona, Spain.
Sept 2018 (2 CE)	Bhogal, RS. <u>Lower Extremity Assessment and Adjusting of the School Age Child.</u> ICA Pediatrics Building Bridges Symposium. Barcelona, Spain.
August 2018 (1 CE)	Bhogal, RS. <u>Modifications for the Optimal Adjustment.</u> The Wave; Life Chiropractic College West. Oakland, CA.
June 2018 (12 CE)	Bhogal, RS. <u>Adjusting Modifications for Pediatric/Pregnant Patients.</u> ICA Pediatrics Diplomate Program (DICCP). Davenport, IA.
Feb 2018 (12 CE)	Bhogal, RS. <u>Toggle and Techniques for Adjusting Pediatric/Pregnant Patients.</u> ICA Pediatrics Diplomate Program (DICCP). Montreal, QC, Canada.
Jan 2018 (12 CE)	Bhogal, RS. <u>Nutrition for Pediatric/Pregnant Patients and Autoimmune Challenges.</u> ICA Pediatrics Diplomate Program (DICCP). Davenport, IA.
Jan 2018 (14 CE)	Bhogal, RS. <u>Technique Series: Toggle Recoil: Comprehensive Principles and Practice.</u> Swiss Academy of Chiropractors. Bern, Switzerland.
April 2017 (2 CE)	Bhogal, RS. <u>Stress, The Adjustment, and Patient Empowerment.</u> Academy of Missouri Chiropractors. Columbia, MO.
Feb 2017 (6 CE)	Bhogal, RS. <u>Case Management of Common Presentations.</u> Tennessee Chiropractic Association. Johnson City, TN.
Jan 2017	Bhogal, RS. <u>Advanced / Functional Wellness.</u> Peak Potential Seminars. Bettendorf Community Center. Bettendorf, IA.
Dec 2016 (2 CE)	Bhogal, RS. <u>Epigenetics and development. How wellness influences change.</u> ICA Annual Pediatrics Conference. Maui, Hawaii.
Nov 2016 (1 CME)	Bhogal, RS. <u>The Gut Skin Connection. A Case Presentation.</u> The Gut Brain Conference. Category 1 AMA Medical Credit. Marina del Rey, CA.
Sep 2016 (4 CE)	Bhogal, RS. <u>Advanced Wellness. Stress Physiology and The Gut Brain Immune Connections.</u> Unified Virginia Chiropractic Association – Fall Symposium.
April 2016	Bhogal, RS. <u>ICA Spring Pediatrics Symposium. Stress and Fertility.</u> Palmer College Pediatrics Club.

- April 2016 Bhogal, RS. Therapeutic Nutrition: Managing Inflammation. Peak Potential Seminars. Bettendorf Community Center.
- April 2016 (2 CE) Bhogal, RS. What Patients Want, But Instead They Get: Art of Stillness & Static Palpation. Academy of Missouri Chiropractors. Columbia, MO.
- March 2016 (12 CE) Bhogal, RS. Therapeutic Nutrition: Adults, Pregnancy & Pediatrics. Peak Potential Seminars. Abingdon, VA.
- Jan 2016 (1 CE) Bhogal, RS. Instrumentation. Gonstead Methodology Institute. Parkview, IA.
- Dec 2015 (2 CE) Bhogal, RS. Chiropractic and Fertility. ICA Annual Pediatrics Conference. New Orleans, LA.
- Sep 2015 (1 CE) Bhogal, RS. Peak Potential Outreach; Expanding Boundaries. ICA Symposium on Chiropractic and Pediatrics. Paris, France.
- Sep 2015 (1.5 CE) Bhogal, RS. Gut Brain Axis and its role in autism spectrum disorders. ICA Symposium on Chiropractic and Pediatrics. Paris, France.
- Sep 2015 (1 CE) Bhogal, RS. Clinical Perspective of Stress Physiology and Hormonal Health. DC Tracts. Volume 27; Number 4.
- May 2015 (2 CE) Bhogal, RS. Chiropractic Certainty and Your Future. N8 Connectors. Omaha, NE.
- April 2015 Bhogal, RS. Spring Pediatric Symposium. Pediatric Technique. Palmer College Pediatrics Club.
- April 2015 Bhogal, RS. Therapeutic Nutrition; Managing Symptoms. Peak Potential Seminars. Bettendorf Community Center.
- March 2015 (12 CE) Bhogal, RS. Advanced Wellness. Holistic Health Beyond the Subluxation. Virginia Chiropractic Association. Abingdon, VA.
- Oct 2014 (1 CE) Bhogal, RS. Peak Potential Outreach; Humanitarian Healthcare. ICA Annual Pediatrics Conference. Las Vegas, NV.
- Oct 2014 (1 CE) Bhogal, RS. A Toxic Generation; Kids and Exposure. ICA Annual Pediatrics Conference. Las Vegas, NV. October 2014.
- Oct 2014 (12 CE) Bhogal, RS. Research Paper Presentations. ICA Upper Cervical Diplomate Program-DCCJP. Davenport, IA. October 2014.
- Oct 2013 (2 CE) Bhogal, RS. Physiology of the Gut-Brain Axis, pediatric presentations, and chiropractic and other holistic interventions. ICA Annual Pediatrics Conference. Montreal, Canada.
- July 2013 Bhogal, RS. Unity in the Profession. Palmer College of Chiropractic PSAF. Spizz Night Lead Speaker. Davenport, IA.
- Nov 2012 (4 CE) Bhogal, RS. Finding a Subluxation/Palmer Upper Cervical. Palmer College of Chiropractic. License Renewal Seminar Series. Davenport, IA.
- Nov 2012 (3 CE) Bhogal, RS. Common Therapeutic Nutrients in Clinical Practice. Palmer College of Chiropractic ICN Presentation. Davenport, IA.

- Aug 2012 (2 CE) Bhogal, RS. Pediatric Presentations and the Gut-Brain Axis. Palmer College of Chiropractic. Homecoming Presentation. Davenport, IA.
- Aug 2012 (2 CE) Bhogal, RS. Finding a Subluxation. Palmer College of Chiropractic. Homecoming Presentation. Davenport, IA.
- March 2011 Bhogal, RS. When we rise, we converge. Palmer College of Chiropractic PSAF. Spizz Night Lead Speaker. Davenport, IA.
- Sep 2011 (1 CE) Bhogal, RS. The Physiological Effects of Stress. Palmer College of Chiropractic. Health Challenge Presentation. Davenport, IA.
- Aug 2011 (3 CE) Bhogal, RS. Chronic Stress and Women's Hormonal Health: Palmer College of Chiropractic. Homecoming Presentation. Davenport, IA.
- Aug 2011 (2 CE) Bhogal, RS. Palmer Package Review: Toggle Recoil Overview. Palmer College of Chiropractic. Homecoming Presentation. Davenport, IA.
- March 2011 (12 CE) Bhogal, RS. Therapeutic Nutrition in Clinical Practice: Palmer College of Chiropractic. License Renewal Seminar Series. Davenport, IA.
- Aug 2010 (3 CE) Bhogal, RS. Palmer Package Review: Toggle Recoil and Thermographic Neurology. Palmer College of Chiropractic. Homecoming Presentation. Davenport, IA.
- July 2006 (1 CE) Bhogal, RS. Tytron C-3000. Review of Infrared Paraspinal Imaging. Palmer College of Chiropractic. In-Service Presentation. Davenport, IA.
- July 2005 (1 CE) Bhogal, RS. Sacro-Occipital Technique for the Pediatric Patient. Palmer College of Chiropractic. In-Service Presentation. Davenport, IA.
- April 2003 (2 CE) Bhogal, RS. Palmer Upper Cervical Specific Technique. Palmer Institute for Professional Advancement, License Renewal Seminar Series. Davenport, IA.

COMMITTEE MEMBERSHIPS / ACTIVITIES

Palmer College of Chiropractic / Life West Chiropractic College / Life Univeristy

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| Sep 2021 – Present | Assistant Dean / Executive Planning Group |
| July 2017 – Oct 2019 | Executive Academic Planning Group |
| Jan 2019 – Oct 2019 | Faculty Advising Program Steering Committee |
| July 2002 – Oct 2019 | Safety, FERPA, HIPAA, and Discrimination/Boundaries Training |
| July 2018 – Oct 2019 | Faculty Development Committee |
| July 2017 – Jan 2019 | Academic Standards Committee; Chair |
| October 2012 – July 2017 | Faculty Senate, Technique Department Senator |
| January 2009 – July 2017 | Vogt Leadership Advisor |
| June 2005 – July 2017 | Alliance of Chiropractic Educators, Secretary. |
| March 2005 – July 2017 | Faculty Advisor, Tennis Club |
| April 2009 – Sep 2012 | Beacon Student Newspaper Co-Advisor |
| Feb 2011 | Subluxation Course Development Committee; Chair |
| March 2009 – 2010 | Philosophy Society Advisor |
| November 2004 – Nov 2010 | Special Schedule Advising Program / Standings Committee |
| November 2003 – Oct 2005 | Faculty Senate, Technique Department Senator |
| June 2003 - 2011 | Clinic Abroad Program, Fiji Islands, Trip Coordinator/Clinician |
| October 2005 | Appropriate Attire Committee, Technique Department |
| June/July 2005 | Clinic Abroad Program, Fiji Islands, Lead Faculty Clinician |
| September 2003 | Palmer Chiropractic University Licensure Task Force |

COMMUNITY MEMBERSHIPS AND ACTIVITIES

- January 2019 – March 2020 NFL Flag Football Youth Coach
- July 2013 – Present Kaaba Shriner – Liaison to Shriners Children Hospital Pacific Rim Outreach
- March 2011 – Present Peak Potential Outreach Non-Profit Foundation – Founder/Director
Multidisciplinary Health Service Trips:
- 2012 – Fiji / Pacific Rim
 - 2013 – Fiji / Pacific Rim
 - 2015 – Fiji / Pacific Rim
 - 2016 – Fiji / Pacific Rim
- August 2008 – Present Master Mason, Early Morning Lodge #672
- July 2004 – Present Rotary, Savusavu, Fiji. District 9920.
- September 2007 – May 2009 YMCA Youth Soccer Coach
- September 2005 – 2010 Mustard Seed Foundation. Catholic Service Missionary.
2006 - Kingston, Jamaica
2010 - Spanish Town, Jamaica “Dare to Care” HIV Orphanage

HONORS and AWARDS

- 2014-2015 Faculty of the Year, Palmer College of Chiropractic Student Council
- 2013-2014 Faculty of the Year, Palmer College of Chiropractic Student Council
- 2011-2012 Faculty of the Year, Palmer College of Chiropractic Student Council
- 2012 Faculty of the Year Nominee, Palmer College Faculty Senate, 2012
- 2011 Dr. Arthur Mork (Alpha Grand Chapter) Service Award, 2011
- 2010-2011 Faculty of the Year, Palmer College of Chiropractic Student Council
- 2009-2010 Faculty of the Year, Palmer College of Chiropractic Student Council
- 2010 Faculty of the Year Nominee, Palmer College Faculty Senate, 2010
- 2007-2008 Faculty of the Year, Palmer College of Chiropractic Student Council
- 2004-2005 Faculty of the Year, Palmer College of Chiropractic Student Council