

DR. KRISTA BURNS

Doctor of Chiropractic
Doctor of Health Administration
Founder, American Posture Institute



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EXPERIENCE

Founder of the American Posture Institute, 2012-Present
Clinic Director at the American Posture Institute, 2015-2016
Clinic Director at Bella La Vita Chiropratica, 2012-2015

PUBLISHED AUTHOR

World Congress of Falls and Postural Stability Abstract – British Geriatrics Society, 2019

Textbook The Posture Principles, 2018

IN THE NEWS

ABC News 4 Utah , 2020
ABC Tampa Morning Blend, 2020CBS Austin, 2020
NBC News 4 San Antonio, 2020Fox News Radio, 2018
Global Woman.co Magazine, 2016

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Pennsylvania, June 2011

EDUCATION & ADVANCED TRAINING

Doctorate of Health Administration (DHA)	2018
Capella University, Minneapolis, MN	
Certified Posture Exercise Professional, (CPEP)	2014
Doctor of Chiropractic	2011
Palmer College of Chiropractic, Davenport, IA	
Functional Chiropractic Neurology (Board Eligible)	2011
Carrick Institute	
Bachelor's of Science in Health Ecology	2007
University of Nevada, Reno, Reno, NV	

HOST & FOUNDER OF HEALTHCARE SUMMITS

Virtual Ergonomics Summit	2021
International Posture Symposium	2020
Virtual Neurology Summit	2020
Chiropractic Pediatrics Virtual Summit	2019, 2020

INTERNATIONAL KEYNOTE & CONTINUING EDUCATION SPEAKER

American Chiropractic Association CE Webinars (Virtual)	2020
Bahamas Chiropractic Association (Bahamas)	2020
Structural Postural Correction Physical Therapy Seminar (Romania)	2020
Get Well Show (Virtual)	2020
World Congress of Falls and Postural Stability (Malaysia)	2019
Association of Chiropractic in Malaysia (Malaysia)	2019
Alliance of Chiropractic in Singapore (Singapore)	2019
Ohio State Chiropractic Association (USA)	2019
TEDx Sun Valley (USA)	2018
Georgia Continuing Education Seminar (USA)	2018
Master's Circle Super Conference (USA)	2018
World Congress of Neurology and Neurological Disorders (USA)	2017
New Zealand Chiropractic Association (New Zealand)	2017
Florida Chiropractic Association, "The National" (USA)	2017
New York Chiropractic Council (USA)	2017
Cal Jam (USA)	2017
Advanced Posture Certification (Australia)	2017
Life Vision - Life University (USA)	2016
Cleveland Chiropractic College Homecoming (USA)	2016
Chiro Fest (USA)	2016
League of Chiropractic Women (Italy)	2016
Blue Cow Summit (United Kingdom)	2016

LEADERSHIP & HUMANITARIAN SERVICE

Speaker Award, New York Chiropractic Council	2017
League of Chiropractic Women, Vice President of Membership	2016
League of Chiropractic Women, Outstanding Service Award	2016
League of Chiropractic Women, Europe President	2014-2015
Intern at the Sonny Montgomery Veteran's Affairs Hospital	2011
Clinic Abroad Program (India)	2011
Supreme Kiatrus Award, Sigma Phi Chi Sorority	2011
The Best Mission Trip Ever (Peru)	2010-2011